

Case Histories - Menopausal Syndrome (10)

A 55-year-old woman had been suffering from menopausal symptoms for about two years. Her periods had stopped since about two years. Her main symptoms were hot flushes and headaches. Her tongue was slightly Red and slightly peeled on the sides, towards the root. Her pulse was Weak on the right and Wiry on the left.

Diagnosis

Although this patient does not present with many symptoms, the few symptoms which she does have clearly point to deficiency of Liver-Yin and rising of Liver-Yang. It is interesting that, although she suffers from menopausal symptoms, there are absolutely no symptoms of Kidney deficiency: she suffered no backache, no dizziness, no tinnitus, no urinary problems.

Treatment

Given the deficiency of Liver-Yin and rising of Liver-Yang, I chose Female Treasure which nourishes Liver- and Kidney-Yin and subdues Liver-Yang. The dosage used was 2 tablets twice a day with hot water after meals. This remedy produced a good improvement after one month.